

# Angeline M. Siegel, M.S., Ph.D.

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[www.drangelinesiegel.com](http://www.drangelinesiegel.com)

## Teacher - Researcher - Wellness Expertise

Talented and mindful teacher providing key insights and creative approaches to experiential learning in various formats. Dynamic facilitator blending applied talents with theoretical and evidence-based best practices. Experienced qualitative driven mixed-methods researcher focused on wellness within the human-animal relationship. High-impact and mission-driven leader with a track record of delivering integrative solutions, strategic planning, fiscal oversight, and supervision in the non-profit, education and private sectors.

*Well-respected for discerning and materializing vision and for cultivating collaborative, dynamic teams that do the same.*

## Education & Professional Training

**Ph.D., Mind-Body Medicine, [Healthcare Research Specialization](#)** / Saybrook University, 2015  
Dissertation: *[Unspoken connections: Scientists' intersubjective experiences with animals.](#)*

**M.S., Mind-Body Medicine** / Saybrook University, 2011  
Thesis: *[A veterinarian's guide to mind-body medicine: Creating greater health and well-being in the human-animal bond.](#)*

**[Food as Medicine Professional Training](#)** / The Center for Mind-Body Medicine, 2011

**[Advance Mind-Body Medicine Professional Training](#)** / The Center for Mind-Body Medicine, 2010

**B.S., Cognitive Psychology, Honors Program** / Temple University, 1993  
*Recipient of the American Psychological Association's Undergraduate Research Award*  
Thesis: *Effects of maternal depressive symptoms on infant language acquisition*

## Relevant Professional Experience

SAN DIEGO HUMANE SOCIETY, San Diego, CA / December 2018 - August 2019

### Animal Wellness Consultant

Independent wellness and veterinary healthcare researcher supplying grant fulfillment to expand public services. Project focused on identifying and understanding the wellness and healthcare needs of pet families residing throughout San Diego county. Primary interest on low income and underserved populations to determine strategic positioning and growth for the organization. Provided evidence-based, progressive recommendations to serve the healthcare and wellness needs of external and internal stakeholders.

- Surpassed internal expectations by effectively producing evidence-based, integrated solutions focused on addressing the numerous wellness and veterinary healthcare needs of pet families residing within the 4,500 square miles of San Diego county.
- Generated and executed an expansive, complex project that stayed within budget and took less time.
- Designed and implemented mixed-methods (i.e. quantitative and qualitative) research that resulted in over 2,600 participants representing all geographical, racial and ethnic backgrounds that comprise the 3.3M population of the county.
- Cultivated authentic and transparent relations with multiple cultures, communities, professions (i.e. academic, veterinary, etc.), and all levels of internal staff.
- Implemented monthly presentations to share emerging findings and enhance strategic planning.
- Identified and supported critical internal discussions aimed at deciphering variations in conventional and wellness approaches to veterinary healthcare.

SAYBROOK UNIVERSITY, Oakland, CA / December 2015 – May 2017

### **Adjunct Professor, College of Social Sciences, Humanistic and Clinical Psychology**

Faculty position teaching graduate level qualitative-based research methods and their corresponding philosophical foundations. Instruction utilized a hybrid format comprised of in-person and online instruction (Canvas). Responsibilities included teaching, responding to variations in student needs, curriculum development, advising and mentoring students, student evaluations, research supervision, and college administrative aspects.

Courses taught:

- Methods of Research and Disciplined Inquiry I & II (RES 1005, RES 1015)
- Disciplined Inquiry II: Qualitative Research (RES 1040)

CATSKILL ANIMAL SANCTUARY, Saugerties, NY / May 2017 – May 2018

#### **Deputy Director**

Responsible for the overall direction and operation of the nation's second largest farmed animal sanctuary. Accountable for the life-long residency and healthcare needs of over 400 animals, representing 12 different species on 150 acres. Discerned and materialized the organization's long-term vision, managed strategic direction and budgeting, expedited operational changes, and scaled the organization to effectively compete at the national level.

- Planned and led the restructuring of the organization resulting in increased efficiencies, new processes and metrics, while simultaneously increasing morale and performance.
- Collaborated with the Founder and Board of Directors in cultivating donors and executing vision.
- Represented the sanctuary within the community at large, grew brand awareness and strategic relationships across constituencies.
- Actively coached, mentored and grew professional acumen in supervisory staff.
- Established and supervised research and institutional effectiveness reporting at the program, departmental and organizational levels.

HUMAN-ANIMAL WELLNESS, Los Gatos, CA / September 1995 – April 2017

#### **Founder & Principal**

Delivered expert consultancy services and training focused on enhancing the human-animal relationship. Specific knowledge provided in the areas of anthrozoology, optimal health and wellness, self-care, integrative veterinary healthcare, and leadership development to the Silicon Valley community.

- Sourced and developed industry partnerships and business alliances that increased brand awareness and promoted the charter and mission.
- Partnered with local animal service providers to implement best operating practices aimed at improving efficiencies and quality of services, which directly resulted in increased business revenue and branding.
- Developed and implemented evidence-based programs focused on multi-tier stakeholders.
- Facilitated skill development in mid to senior management level personnel.

HUMANE SOCIETY SILICON VALLEY, Milpitas, CA / June 2007 – June 2009

#### **Director of Veterinary Medicine, Business & Counseling Services**

Promoted to lead and manage the strategic direction, fiscal objectives, and operations of four key departments. These included: veterinary medical services, retail, strategic partnerships, dog training and behavior, and counseling services.

- Formed strategic enterprises with local business and governmental agencies resulting in the advancement of services, revenue and traffic to organization.
- Supervised all major fiscal transactions, negotiated and authored partnership agreements.
- Active with Board members through fundraising, annual reporting and special projects.
- Engaged high level donors' participation in programs, events and a \$25 million capital campaign.
- Implemented creative fundraising and effective fiscal management procedures to launch community-lead projects resulting in free medical and health services to underrepresented populations.

- Fostered wellness and alternative healing programs for internal patients.
- Led operations in *surpassing a \$3 million annual revenue goal by 10%* by integrating divergent departments into cohesive and collaborative programs.

HUMANE SOCIETY SILICON VALLEY, Milpitas, CA / April 2006 – June 2007

**Director of Veterinary Medicine and Retail**

Oversaw the strategic direction and growth of an out-patient medical center and retail department.

- Ensured service and program quality through critical evaluation and process improvement, established new protocols and oversight, along with controls and audit procedures to comply with federal and state regulations.
- Engaged disenfranchised departments into a collaborative mission-driven team that resulted in exceeding fiscal and mission-based goals.
- Maintained necessary staffing levels and supervised outside contractors. Mentored and supervised a diverse staff, performed and conducted annual performance reviews.
- Oversaw all marketing and fundraising efforts for departmental programs.

**Additional research and clinical work**

UNIVERSITY OF PENNSYLVANIA, SCHOOL OF VETERINARY MEDICINE (3 years)

**Behavior Medicine Associate**

Responsible for coordinating vet-client-patient relations, supervision of 3<sup>rd</sup> year veterinary students during rotation, conducted and assisted in all appointments and follow-up care, as well as facilitated external veterinary behavior solicitations.

TEMPLE UNIVERSITY, LANGUAGE LABORATORY & NICHD GRANT (3 years)

**Research Associate**

Coordinated and conducted data collection in the field and within laboratory settings. Given greater responsibility over time to conducted mother-infant cognitive experiments, training staff and maintaining database.

**Research Experience**

**Qualitative driven Mixed-Methods**

**Sequential exploratory** mixed methods design incorporating online questionnaire and in-depth interviews for statistical and qualitative analysis. Investigation resulted in the identification and operationalization of key stages of scientist-animal intersubjectivity and its effect upon behavior, research practices, interpersonal skills, gender, and perceived risk.

**Transformative concurrent** mixed-methods design employing in-depth interviews, focus groups and online questionnaire to investigate the veterinary healthcare and wellness needs of low income pet families. Design chosen due to project’s emphasis, anticipated participants and mission of the non-profit organization that secured funding. Study resulted in identifying key community aspects associated with cultural characteristics that define animal healthcare strategies, coping tactics employed by low income pet families during urgent events, essential elements of animal wellness, discrepancies between public and veterinary definitions of wellness, and geographical components influencing human-animal relations.

**Quantitative & Other Qualitative Methods**

**Survey**

International online exploration of the relationship between lifestyle behaviors and philosophical orientation amongst professional academics.

**Experimental**

Tested the validity of human health benefits reported in Japanese Shinrin-Yoku (i.e. Forest bathing) studies and European cortisol studies in urban human-canine pairs. Observational and physiological data was collected in multiple environments to assess effects on canine stress levels.

### **Ethnographic**

Qualitative study using a focus group to identify, describe and understand distinctive elements within human-canine play that are attributed to positive health benefits.

## **Presentations**

*Psychophysiology of Human-Animal Interaction,*

Guest Lecturer, Teachers College, Columbia University, Catskill Animal Sanctuary, 2018

*Practicing the New Art of Science: Seeing the Whole Through the Lens of Mind-Body Medicine,*

Animal Law and Public Policy session, Minding Animals Conference 3, New Delhi, India, 2015

*Fleshing Out the Unspoken: How Scientists Describe Intersubjective Moments with Animal Participants and its Relationship with Scientific Behavior,* Animals and Culture session, Minding Animals Conference 3, New Delhi, India, 2015.

*Mixed-Methods in Research,*

Research symposium, Saybrook University, San Diego, CA, 2013

*Mind-Body Medicine in Veterinary Medicine,*

Research symposium, Saybrook University, San Francisco, CA, 2011

**Please ask for research paper submissions**